

Day 1 The Power of Niching Down

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Day 1 The Power of Niching Down:

- Understanding why having a niche is essential for client attraction and business growth.
- Benefits of specializing: increased expertise, credibility, and differentiation in a crowded market.

Identifying Your Passion and Expertise:

- Exploring your personal passions, interests, and areas of expertise.
- Reflecting on your life experiences and skills that can contribute to your coaching.

Passion Mapping:

- Create a visual map that showcases your passions, skills, and experiences.
- Identify potential intersections between your interests and what people need coaching on.

Researching Market Demand:

- How to assess the demand for coaching services within different niches.
- Utilizing online resources, surveys, and conversations to gauge client needs.

Niche Demand Analysis:

- Research and compile data on the demand for coaching in various niches.
- Compare the potential client base, competition, and growth opportunities.

Aligning Your Niche with Your Why:

- Connecting your chosen niche with your personal values and purpose.
- Exploring how your coaching can make a positive impact in your chosen niche.
- Craft a concise statement that outlines why your chosen niche resonates with you and how you plan to create value.

- Career Transition Coaching
- Executive Leadership Coaching
- Personal Development Coaching
- Health and Wellness Coaching
- Relationship and Marriage Coaching
- Parenting and Family Coaching
- Financial and Money Coaching
- Stress and Anxiety Coaching
- Time Management and Productivity Coaching
- · Creativity and Artist Coaching
- Confidence and Self-Esteem Coaching
- Public Speaking and Communication Coaching
- Goal Setting and Achievement Coaching
- Spiritual and Mindfulness Coaching
- Weight Loss and Fitness Coaching
- Life Purpose and Meaning Coaching
- College and Student Success Coaching
- Business and Entrepreneurial Coaching
- Retirement and Senior Life Coaching
- Conflict Resolution Coaching
- Divorce and Separation Coaching
- Grief and Loss Coaching
- Sports and Performance Coaching

Day 2: Crafting Your Unique Selling Proposition (USP)

Understanding Your Ideal Client:

- The importance of knowing your target audience inside and out.
- How identifying your ideal client helps tailor your USP to their needs and desires.

Defining Your Coaching Style:

- Reflecting on your coaching methods, values, and unique approach.
- Determining what makes your coaching style stand out from the competition.

Evolving Your USP Over Time:

- How your USP can evolve as you gain experience and insights.
- Strategies for staying adaptable and relevant in a changing coaching landscape.

USP Statement Development

- Work on creating a compelling USP statement that encapsulates what sets you apart as a coach.
- Ensure it addresses the specific needs and desires of your ideal clients.

Showcasing Your USP:

- Strategies for effectively communicating your USP on your website, social media, and marketing materials.
- Utilizing storytelling and testimonials to illustrate how your coaching transforms lives.

USP Presentation Practice

- Practice delivering your USP statement confidently and authentically.
- Solicit feedback from peers or mentors to refine your message.

Examples

1. Career Transition Coach:

USP: "Guiding professionals through career changes with a focus on passion, purpose, and practical steps."

2. Health and Wellness Coach:

USP: "Transforming lives through holistic wellness, with a science-backed approach to nutrition, fitness, and mindfulness."

3. Business and Entrepreneurial Coach:

USP: "Helping startups and entrepreneurs navigate the complexities of business growth through strategic planning and actionable insights."

4. Confidence and Self-Esteem Coach:

USP: "Empowering individuals to unlock their inner confidence and unleash their full potential through a proven mindset transformation process."

5. Relationship and Marriage Coach:

USP: "Rekindling love and rebuilding bonds by providing couples with effective communication strategies and practical relationship tools."

Day 3: Building an Engaging Online Presence

The Fundamentals of an Online Presence:

- Understanding what an online presence encompasses.
- The significance of having a professional and consistent online image.

Crafting Your Coaching Website:

- Key elements to include on your coaching website, such as an about page, services, testimonials, and contact information.
- Tips for choosing an effective domain name and hosting platform.

Social Media Strategy:

- Identifying the social media platforms where your target audience is active.
- Creating a social media content plan to engage and educate your followers.

Social Media Content Calendar

 Plan out your social media content for the upcoming month, including posts, captions, and visuals.

Email Marketing and List Building:

- The importance of email marketing in nurturing client relationships.
- Building an email list and creating valuable newsletters or updates.

Email Marketing Campaign Outline

• Create an outline for an email marketing campaign that provides value and engages subscribers.

Day 4: Content Marketing Strategies

The Importance of Content Marketing:

- Understanding why content marketing is essential for coaches.
- How it helps establish authority, connect with your audience, and generate leads.

Examples:

- Blog Posts: Publish articles on topics like "10 Strategies for Mindful Living" or "The Power of Goal Setting."
- Videos: Create short videos sharing coaching tips, client success stories, or behind-thescenes glimpses of your coaching process.
- Webinars: Host live or recorded webinars on subjects like "Overcoming Self-Doubt" or "Building Resilience."
- **Podcasts:** Launch a coaching podcast discussing personal growth, self-improvement, and success stories.
- **Social Media Posts:** Share inspirational quotes, coaching insights, client testimonials, and thought-provoking questions on your social media platforms.

Content Planning and Strategy:

- How to create a content calendar to ensure consistency.
- Identifying your target audience's needs and tailoring your content to address those needs.

Activity: Content Calendar Creation

 Begin building a content calendar for the next month, outlining topics and publication dates.

Creating Engaging Content:

- Techniques for writing compelling posts, creating eye-catching graphics, and delivering engaging videos or webinars.
- The importance of storytelling and relatable examples in your content.

- C Consistency: Consistently deliver valuable and relevant content to maintain your audience's engagement.
- O Originality: Create unique and original content that sets you apart from others in your niche.
- N Niche-Centric: Ensure your content speaks directly to the needs and interests of your target coaching niche.
- T Transparency: Be transparent in your content, sharing insights, successes, and even challenges when appropriate to build trust.
- E Engagement: Encourage engagement with your audience through comments, questions, and discussions around your content.
- N Networking: Leverage your content to expand your professional network within the coaching community and related fields.
- T Testimonials: Incorporate client testimonials into your content to demonstrate the real impact of your coaching.

Day 5: Networking and Relationship Building

The Value of Networking:

- Understanding why networking is essential for coaches.
- How it can lead to collaboration, referrals, and personal growth.

Identifying Networking Opportunities:

- Discovering various networking channels, including in-person events, online communities, and social media platforms.
- Finding the right networking opportunities that align with your goals and niche.

Networking Event Research

Identify upcoming networking events or communities that you'd like to participate in.

Building Authentic Connections:

- Techniques for authentic networking, including active listening, empathy, and meaningful conversations.
- How to present yourself professionally and authentically to leave a lasting impression.

Examples:

- Share stories or anecdotes related to your coaching journey when networking.
- Ask open-ended questions and express genuine interest in others' stories and experiences.

Leveraging Social Media for Networking:

- Strategies for connecting with fellow coaches, potential clients, and influencers on platforms like LinkedIn, Twitter, and Instagram.
- The dos and don'ts of networking on social media.

Session 5: Following Up and Nurturing Relationships:

- The importance of timely and personalized follow-up after networking events.
- How to nurture relationships over time and offer value to your network.

Day 6: Crafting Compelling Coaching Offers

Understanding Your Ideal Confidence Seeker:

- Identifying your target audience's specific confidence challenges, goals, and aspirations.
- Understanding the unique needs and pain points of individuals seeking to boost their confidence.

Defining Your Coaching Offer:

- Crafting clear and concise coaching packages or programs tailored to address confidencerelated issues.
- Highlighting the transformational outcomes clients can expect.

Pricing Strategies:

- Determining the right pricing structure for your coaching offers.
- Strategies for pricing confidence-focused coaching services competitively while reflecting their value.

Crafting Persuasive Sales Copy:

- Writing persuasive and empathetic sales copy that resonates with potential clients.
- Addressing objections and showcasing the transformation clients will experience.

Sales Page Drafting

• Begin drafting the sales page for your confidence coaching offer, highlighting its unique benefits and outcomes.

The Art of Enrollment Conversations:

- Tips for conducting effective discovery calls and enrollment conversations.
- How to connect with potential clients, understand their needs, and confidently present your coaching offer.

Examples of Coaching Offers for Confidence Building:

1. Confidence Kickstart Program:

- Description: A 6-week intensive coaching program designed to help you break through self-doubt and build unshakable self-confidence.
- Included Features:
 - Weekly one-on-one coaching sessions.
 - Personalized confidence-building exercises and challenges.
 - Access to a private support community.
 - Bonus resources like confidence-boosting affirmations and workbooks.

2. Executive Confidence Coaching Package:

- Description: A tailored coaching package for professionals seeking to enhance their confidence and leadership presence in the workplace.
- Included Features:
 - Eight one-hour coaching sessions, including 360-degree feedback analysis.
 - Personalized leadership development plan.
 - On-demand email support between sessions.
 - Post-program follow-up and progress assessment.

3. Confidence for Introverts Group Coaching Program:

- Description: A 12-week group coaching program designed exclusively for introverts to help them find their voice and thrive in social and professional settings.
- Included Features:
 - Weekly group coaching sessions with like-minded individuals.
 - Access to a private online community for ongoing support.
 - Customized confidence-building exercises and role-play scenarios.
 - Expert guest speakers on topics related to confidence and introversion.

Day 7: Pricing Strategies for Coaching Services

The Psychology of Pricing:

- Understanding how pricing influences client perceptions.
- The importance of aligning your pricing with the perceived value of your coaching services.

Factors Influencing Pricing:

- Discussing the factors that can affect your pricing decisions, including your expertise, niche, target audience, and location.
- How to conduct market research to gauge competitive pricing.

Pricing Strategies for "How-To" Content:

- Examples of pricing structures for practical, skills-based coaching content.
- Strategies for pricing coaching packages or courses that provide actionable steps and tangible skills.

Examples of Pricing for "How-To" Content:

Confidence Building Workshop:

- Pricing: \$199 for a one-time 4-hour workshop.
- o Includes: Workshop materials, exercises, and follow-up resources.
- o Suitable for individuals seeking specific, actionable strategies for building confidence.

Career Transition Coaching Package:

- Pricing: \$799 for a 6-session coaching package.
- Includes: Six one-on-one coaching sessions, resume review, job search strategy development, and email support.
- Geared towards professionals seeking a step-by-step approach to navigate a career change.

Online Course: "Life Coach Starter Kit":



"One Kit a day will keep low income away!" ~Angel Richardson

- o Pricing: \$349 for lifetime access.
- o Includes: Video lessons, practice exercises, quizzes, and a private community forum.
- o Ideal for individuals looking to acquire a specific skill set in public speaking.

Pricing Strategies for Inspirational Content:

- Examples of pricing structures for content that focuses on personal development, motivation, and inspiration.
- How to convey the intangible value of your coaching services in your pricing.

Examples of Pricing for Inspirational Content:

Monthly Motivation Membership:

- Pricing: \$29/month for access to monthly motivational content, live Q&A sessions, and a supportive community.
- o Designed for individuals seeking ongoing inspiration and personal growth.

Positive Mindset Transformation Program:

- Pricing: \$499 for a 12-week program.
- Includes: Weekly group coaching sessions, guided meditations, and a self-paced workbook.
- Geared towards those looking for a holistic personal development journey.

Annual Empowerment Retreat:

- o Pricing: \$1,299 for a weekend retreat.
- Includes: Accommodation, workshops, group coaching, and transformative experiences.
- Ideal for clients seeking a profound and immersive personal growth experience.

Adjusting Pricing Over Time:

- Strategies for revisiting and adjusting your pricing as your coaching practice grows and evolves.
- How to communicate price increases transparently with existing clients.